

## The Promise – Covenant Sign – Lesson 9

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1. **Sabbath – Gen. 2:2, 3; Exod. 16; 20:11; 31:12–17; Deut. 5:14; Heb. 4:1–4** – Why are people always looking for a sign like Herod on Good Friday?
2. What is so special about the Sabbath?
3. When was the Sabbath created?
4. Do we have evidence that the Sabbath was in existence before the days of Israel at Sinai?
5. What is special about the Sabbath that makes it a covenant sign?
6. **Origins Gen 2:2, 3 Exo 20:11; Mark 2:27** Why do you think God chose a moment in time as His sign or seal instead of a place or thing?
7. How do you explain God resting as part of the Covenant of Grace?
8. If Genesis hold the key to the Sabbath instruction what is the Sunday keeper’s real argument?
9. What makes the Sabbath special to you?
10. **Sabbath Before Sinai Exod. 16:23–28** What do these verses tell us about whether the Sabbath was a day of fasting or not?
11. God paused to celebrate what He accomplished in Earth’s creation. Is that what it means to participate in God’s rest?
12. What does the Sabbath mean to you?
13. If God doesn’t need rest, why would God Himself rest on the seventh-day?
14. What purpose might this resting serve? Why or why not?
15. **Covenant Sign Gen. 2:3, Exod. 31:13, 16-17; Deut. 5:13–15; Ezek. 20:12, 20; Heb. 4:1–4** What special memories are associated with the Sabbath?
16. Why did the Lord use the Sabbath as a covenant sign?
17. What is it about the Sabbath that makes it appropriate as a symbol of the saving relationship with God?
18. How is resting on the Sabbath a sign that it is special?
19. What do people do differently on the Sabbath that makes it a sign?
20. **Sign of Sanctification Exo 25:1–31:17; Lev 20:8; Deut 7:6; 1 Chron 28:9; Isa 11:2; 43:10, Psa 9:10, Jer 10:25** What does it mean to “know” the Lord? How does keeping the Sabbath help us to “know” the Lord?
21. What is the Sabbath a sign of? Isn’t it a sign of works for salvation?
22. Isn’t it the Jewish Sabbath given to them to remember the Exodus out of Egypt?
23. What does that mean for us today?
24. **Remembering the Sabbath Exo 20:8; Deut 5:12, 14** Which day is the preparation day for the Sabbath?
25. Which day of the week is the Sabbath?
26. Where did the Sabbath come from?
27. What kind of day should the Sabbath be?
28. Is the Sabbath a day of fasting?
29. Is the Sabbath a test of loyalty to God?